# Cherokee Track and Field Invitational

## Monday, May 14, 2018

**Entries**

This meet is for FRESHMEN and NOVICE athletes ONLY
Unlimited entries for each event, including the 4x400 relay

**Site**

Cherokee High School
120 Tomlinson Mill Rd
Marlton, NJ 08053

**Start Time**

Field events will begin at 3:30, and track events at 4:00

**Track Events**

*Girls then Boys on the track, all finals on time*
****Note there will be no blocks used for any event*

Order of Events
400IH
1600
400
100
100HH (Girls)
110HH (Boys)
800
200
4x400

**Field Events**

**OPEN PIT** for all competitors

Shot, Disc, Jav (2 throws each)
LJ and TJ (2 jumps each)

HJ opening height 4'—run as 5 alive
PV opening height 6'—run as 5 alive
**May use the 6 jump rule

Approximate time schedule

| | |
|---|---|
| Shot | 3:30 - 6:30 |
| Disc | 3:30 - 6:30 |
| Jav | 3:30 - 6:30 |
| Long Jump | 4:00 - 5:15* |
| Triple Jump | *5:45 - 6:30 |

**Awards**

Medals will be awarded to the top 6 in each event for boys and girls.

**Seeding**

This year we will be utilizing the MileSplit online registration service. We will pre-seed the 400IH and the 1600 before the meet begins, so when you arrive we will start by checking in the 400. We will post the 400IH and 1600 heat sheets online and at the track.

**Send Entries**

snail mail: **Cherokee High School**
120 Tomlinson Mill Rd.
Marlton, NJ 08053
Attn: Chris Callinan

fax: (856) 596-6495
e-mail: tomahawktiming@yahoo.com

**Entry Fees**

$7 per event per entry
All checks are to be made to: **Cherokee High School**

**Results**

Results of the meet will be available @ tomahawktiming.com

**Questions or Comments**

Contact Chris Callinan with any concerns
tomahawktiming@yahoo.com
609-254-0826

**Cancellation**

The meet will run, rain or shine. In the event of inclement weather, events deemed unsafe by the meet referee will not be contested.

# Entry Form

## Cherokee Invitational
## May 14, 2018 @ Cherokee High School

**NOTE**: We will be using the MileSplit online registration for this meet.

School: _____ Boys____ Girls____

Coach: _____

Coach's e-mail: _____

Coach's Phone: _____

| Event | Boys | Girls |
|---|---|---|
| 400IH | _____ | _____ |
| 100 | _____ | _____ |
| 1600 | _____ | _____ |
| 400 | _____ | _____ |
| 100HH (Girls) | X | _____ |
| 110HH (Boys) | _____ | X |
| 800 | _____ | _____ |
| 200 | _____ | _____ |
| 4x400 | _____ | _____ |
| Shot | _____ | _____ |
| Disc | _____ | _____ |
| Jav | _____ | _____ |
| LJ | _____ | _____ |
| TJ | _____ | _____ |
| HJ | _____ | _____ |
| PV | _____ | _____ |

Individual Entries: _____ **+** _____ **=** _____
X $7.00

Relay Entries: _____ **+** _____ **=** **+**_____
**X $12.00**

Total Entry Fee Due: (Max Entry fee per gender: $300/ Per school $500) _____

*Checks payable to Cherokee High School* (120 Tomlinson Mill Rd. Marlton NJ 08053)